

WE PLAY AS A TEAM

**CASVI
FOOTBALL ACADEMY**

2021



ABOUT US

CASVI INTERNATIONAL SCHOOL

Casvi has been helping to educate young people on their academic, sporting and life journey for more than 30 years.

Our schools are leaders in education at national and international level.

With the possibility of choosing the program of studies that best adapts to their needs, we offer students a comprehensive education that will allow them to develop in any country and any culture.

FOOTBALL ACADEMY



Aimed at young athletes aged between 12 and 16 from all over the world who are selected through an internal admission process.

We have teams in the under-14 and under-16 categories. Our in-house methodology is developed based on the sporting experience of the director of the academy and of the trainers who make up our technical staff, who have played in the Spanish First Division and formed part of the coaching staff at professional football clubs.

THE CASVI MODEL

OUR IDENTITY IS BASED ON THREE FUNDAMENTAL PILLARS.

ACADEMIC EXCELLENCE:

Using the INTERNATIONAL BACCALAUREATE methodology, we offer the possibility of choosing the system that best suits the needs of each student.

• **SPANISH SYSTEM**

• **AMERICAN SYSTEM**

HIGH PERFORMANCE SPORTS:

We have developed a comprehensive working method that aims to enhance the sporting performance of our athletes to the maximum. That's why we develop all the variables involved in the game, broken down across: technical skills, technical capacities and understanding of the game, physical and psychological capacities.

LIFE EXPERIENCE:

We make sure the experience of living at the Academy contributes to the development of the young people that make up our project with everything they need for a life, cultural and educational experience.





**"NO SINGLE
PLAYER**

**IS AS GOOD AS EVERYONE
TOGETHER"**

ALFREDO DI STÉFANO



NANO RIVAS

**SPORT
MANAGER**



**OFFERING
AN EXCELLENT
EDUCATION EXPERIENCE
IS OUR PASSION AND OUR GOAL**

BIOGRAPHY

NANO RIVAS

FORMER PROFESSIONAL FOOTBALLER (2000-2014).

A product of the Club Atlético de Madrid youth system where he spent 6 years.

With more than 200 appearances in the Spanish First Division, he has played with clubs like Getafe CF, Real Betis Balompié, Real Valladolid CF, Levante UD and Guizhou Renhe in the Chinese Super League.

During his career he played in competitions like La Liga, the UEFA Champions League, UEFA Europa League, Chinese Super League and the Asian Champions League among others.

AS A COACH, HE HOLDS A UEFA PRO FOOTBALL COACH LICENSE. HE HAS MANAGED SPANISH AND BELGIAN SECOND DIVISION TEAMS AND FORMED PART OF THE COACHING STAFF AT CLUBS IN THE CHINESE SUPER LEAGUE.

His personal and professional development have made Nano Rivas perfectly aware of the course a player's career can take, from adolescence to professional football and this has given him a broad understanding of everything necessary to develop a young player into an elite player.

He is responsible for the development of the football and training model of the Academy and he supervises every training session on a day-to-day basis.



**OUR ELITE
EXPERIENCE
GUIDES OUR
DAY-TO-DAY WORK**

ME- THOD

**WE TRAIN
TO PLAY**



**WE WANT PLAYERS
TO EXPERIENCE EVERYTHING
THEY WANT TO HAPPEN
IN MATCHES IN TRAINING**

TRAINING

**PROGRESSIVE PERIODIZATION ENVIRONMENT AROUND
FOUR MAIN BLOCKS:**

**TECHNIQUE - TACTICS - PHYSICAL PREPARATION
- PSYCHOLOGY**

**Weekly micro-cycles structured on the basis of competition and
the academic component.**

6 - 8 hours of practice weekly.

Daily sessions.

Specific training for groups, lines or individuals.

Masterclasses with specialist coaches.

PHYSICAL PREPA- RATION

**WE IMPROVE PHYSICAL SKILLS THROUGH TRAINING AND
PERSONALIZED PROGRAMS IN LINE WITH THE DEVELOP-
MENT NEEDS OF EACH PLAYER.**

Initial tests and controls that allows us to control the workload.

Injury prevention as a principal objective of individual programs.

COM- PETITION

PSYCHO- LOGICAL PREPAR- ATION

THE COMPETITION ELEMENT OF OUR METHODOLOGY IS FUNDAMENTAL FOR ASSIMILATING EVERYTHING DONE IN TRAINING WITHIN OUR 360° EDUCATION

Calendar of matches where our players compete against the best academies in Madrid, observed by scouts.

Participation in local tournaments.

IMPROVING SKILLS THAT IMPACT ON SPORTING PERFORMANCE AS AN OBJECTIVE.

Attention control.

Self-esteem.

Controlling thoughts.

Self-confidence.

Stress management.

The better their psychological skill, the better players will perform in tactical, technical and physical aspects.

COACH- ES

**OUR MERIT IS OUR LOVE
FOR OUR JOB**



**WE GENERATE
CONTEXTS
FOR IMPROVING
THE PLAYER**

SPECIALIST COACHES

NANO RIVAS:

Sporting Director of the academy.

CARLOS RODRÍGUEZ:

Coordinator of the Scouting Department and game analysis.

A former professional footballer, he has worked with clubs like Club Atlético de Madrid and Marbella FC.

SPECIALIST IN DEFENSIVE FOOTBALL: DAMIÁ ABELLA

A former professional footballer with more than 200 appearances in La Liga and the Premier League, Damiá has played with FC Barcelona, Real Betis Balompié and English side Middlesbrough among others.

SPECIALIST IN CREATIVE FOOTBALL: ÁNGEL VIVAR DORADO

A former player who made 297 appearances in La Liga, he has played with teams like CD Leganés, CD Tenerife, Rayo Vallecano, Albacete Balompié and Getafe CF, among others.

SPECIALIST GOALKEEPER COACH: EMILIO LÓPEZ

A former goalkeeper with over 300 appearances in Spanish professional football. As a goalkeeper coach he has worked with Getafe CF, JEF United in Japan, Shanghai Shenhua of the Chinese Super League and Watford in the Premier League.



**"I WAS
BORN AND**

***RAISED AROUND A SPORT
THAT IS EVERYTHING TO ME"***

DAMIÁ ABELLA

SPORT SCIENCES

SPECIFIC AREA

A photograph of a soccer training session. In the foreground, a coach in a blue and white jersey is kneeling on the grass, looking at a young player in a blue jersey who is lying on his back. The player is holding a purple ball above his head. In the background, another player in a blue jersey is standing and holding a yellow and black resistance band. A soccer goal is visible behind them. The scene is set outdoors on a grassy field.

**KNOWING
THE SPORT IS KNOWING
THE PLAYER
WHO PLAYS IT**

DEPT. OF PHYSIO- THERAPY

THE PROFESSIONALS OF THIS DEPARTMENT, WHO HAVE EXPERIENCE IN PROFESSIONAL FOOTBALL, ACCOMPANY THE PLAYERS IN THEIR RECOVERY PROCESS FROM THE FIRST SIGNS OF INJURY RIGHT UP THEIR REINCORPORATION WITH THE GROUP.

DEPT. OF NUTRITION

WE GUIDE OUR PLAYERS SO THAT THEY ASSIMILATE THE IMPORTANCE OF NUTRITION AND HYDRATION, NOT ONLY FOR THEIR SPORTING PERFORMANCE BUT THEIR ACADEMIC PERFORMANCE TOO.

DEPT. OF SCOUTING AND GAME ANALYSIS

WITH THE LATEST SOFTWARE TOOLS ON THE MARKET, WE WORK ON IMPROVING THE PLAYER WITH THE USE OF IMAGES, VIDEO, PERIODIC REPORTS AND METHODOLOGY REVIEWS.

DEPT. OF PSYCHOLOGY

WE WORK USING HANIM'S IZOF MODEL (INDIVIDUAL ZONES OF OPTIMAL FUNCTIONING). FINDING THE INDIVIDUAL ZONES OF OPTIMAL FUNCTIONING FOR EACH PSYCHOLOGICAL VARIABLE TO MAXIMIZE THE PLAYER'S PERFORMANCE IS OUR OBJECTIVE AT THE PSYCHOLOGICAL LEVEL.



WOMEN'S FOOTBALL

**PLAYERS WITH
THEIR OWN STYLE**



**WE WORK
ON A DREAM**

WOMEN'S FOOTBALL ON THE RISE

IN 1895 NETTIE HENYBALL CREATED THE FIRST WOMEN'S FOOTBALL CLUB, THE BRITISH FOOTBALL CLUB.

Spanish women's football is on the rise and is to the forefront thanks to the victories of the under-17 and under-19 national teams at the World Championships. Clubs like FC Barcelona and Club Atlético de Madrid lead the Liga Iberdrola (the national first division).

In Spain, there are over 60,000 registered female footballers, of whom 41,000 are under 18.

Women's football has accumulated audiences of more than 6 million over the last year in Spain.

HERE AT CASVI FOOTBALL ACADEMY WE UNDERSTAND THE PRESENT OF WOMEN'S FOOTBALL AS A DEMANDING REALITY WITH A GREAT FUTURE AND GROWTH POTENTIAL.



**OUR PASSION
MAKES US GROW
AND IS THE ENGINE
OF OUR SUCCESS**

EXPE- RIENCE

OPTION OF TRAINING WITH DIFFERENT ACADEMY TEAMS IN THEIR RESPECTIVE CATEGORIES.

MADRID: THE EPICENTER OF WORLD FOOTBALL.

Madrid is home to 7 La Liga teams.

- **First division: Real Madrid CF, Atlético de Madrid, Getafe CF**
- **Second division: CD Leganés, AD Alcorcón, Rayo Vallecano, CF Fuenlabrada**
- **Group in Second Division B: Where, as well as a number of important clubs, the B teams of most of the teams in the First and Second Division also compete.**

TOUR- NAMENTS

PRESENCE AT NATIONAL AND INTERNATIONAL TOURNAMENTS.

Attendance at tournaments will allow our players to live an unforgettable experience within their training at the Academy.



**WE COMPLEMENT
OUR 360° TRAINING
WITH COMPETITION
WITH THE BEST**

FACI- LITIES

**ATHLETES' RESIDENCE
FOOTBALL PITCHES
GYM
COVERED SPORTS HALL
INDOOR SWIMMING POOL**

FAMILY SERVICES

TEAM OF TUTORS

We are available at all times to solve any need that may arise in the course of your children's day to day.



***INTERNATIONAL ACADEMIC
EXCELLENCE AND
HIGH-PERFORMANCE SPORTS
AS PART OF ONE EXPERIENCE***

TRA- VEL

EVERY YEAR WE VISIT A LA LIGA CLUB OUTSIDE MADRID.

In 2021/2022 we will travel to Valencia to visit the Levante UD first team.

We'll visit their facilities, play against their academy team and take in a first team match at their redeveloped Ciutat de Valencia stadium.

CULTURAL PLAN

AS PART OF OUR GOAL OF AN INTEGRAL 360° EDUCATION, MADRID OFFERS MANY POSSIBILITIES FOR AN ENRICHING CULTURAL EXPERIENCE.

4-day stay at the schools' center in the mountains of the Sierra de Gredos.

Visits to museums, football stadia, theme parks and historical cities.



**WE WORK TO MAKE
EVERY SECOND WITH US SPECIAL**

MEET US IN THE FIELD

**CASVISPORTACADEMY
.COM**

INTERNATIONAL SCHOOL

